DEVELOPMENT OF AN INTERPROFESSIONAL PROVIDER TOOL FOR TIMELY TOPICS IN ADOLESCENT PATIENT CARE: A TRAUMA-INFORMED CARE MODULE

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BACKGROUND

The Timely Topics (TT) series is a collection of modules designed by the Adolescent Health Initiative (AHI) to give providers a framework for understanding key issues in the care of adolescent patients. The topics of these modules were selected based on a survey of primary care physicians (PCPs) regarding areas of least familiarity in adolescent care.

INTERVENTION

Trauma-Informed Care with Adolescent Patients

Provides hands-on, trauma-informed care experiences for evaluating and managing stress for adolescents who experienced trauma.

The module can be accessed at the AHI website: https://www.umhs-adolescenthealth.org/improving-care/timely-topics/

INTERVENTION & IMPACT

AHI released a soft launch of the module in late 2020 and plans to promote the module for broader dissemination in Spring 2021. So far, four viewers with backgrounds in mental health, nursing, and social work have evaluated the module. 75% (n=3) strongly agreed that the module enhanced knowledge on TIC. 50% (n=2) strongly agreed and 50% (n=2) agreed that they would be able to apply the information to their work. 50% (n=2) of viewers commented that the video vignettes of adolescents were especially valuable.

LESSONS LEARNED

Initial data from the feedback survey suggests that the module was effective in increasing knowledge regarding TIC for the adolescent patient and is applicable and useful for interprofessional providers. An initial subject matter expert reviewer provided feedback that the module needed more coverage of race-based trauma. We subsequently made significant revisions to incorporate this concept throughout the module.

NEXT STEPS

Formal launch of the TIC module will provide additional data collection, feedback, and revisions. Subsequent TT modules should continue to focus on interprofessional audiences to amplify the provision of trauma informed care to adolescents.

LEARNING OUTCOMES

- The importance of understanding trauma and its impact on adolescent health
- Strategies for effectively communicating with adolescent patients
- The role of interprofessional collaboration in trauma-informed care

INTERACTIVE CONTENT

Articulate Rise 360 software allows for an engaging and interactive user experience. Multiple mediums were utilized in the module to enhance the learning experience, including:

- Flashcards
- Interactive images
- Subject matter expert videos
- Testimonial videos from AHI youth council members
- Multiple choice questions
- Links to additional reading about key topics
- Links to outside sites to calculate participants’ own Adverse Childhood Experience score or to complete Implicit Association Tests

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www.adolescenthealthinitiative.org